

# Trail Census Trail User Survey

None of the information gathered will be used to identify you individually. All data will be kept confidential and will be aggregated for analysis.

1. What is your home ZIP code? \_\_\_\_\_

2. How are you traveling on the trail today?

- Walk
- Equestrian
- Run/Jog
- In-line skate
- Bike
- Other \_\_\_\_\_

3. If there are children age 18 or under using the trail with you today list how many \_\_\_\_\_

4. How many minutes do you plan to spend on the trail? \_\_\_\_\_ # minutes

5. What is your purpose? (select all that apply)

- Recreation
- Exercise - Manage weight
- Relaxation
- Exercise - Preventative
- Dog walking
- Exercise - Endurance
- Travel to school
- Exercise - Prescribed
- Travel to shopping
- Family time
- Travel to work
- Socializing
- Tourism/sightseeing
- Other \_\_\_\_\_

6. Does the availability of this trail impact your decision to exercise or the frequency at which you exercise? \_\_\_Yes \_\_\_No

7. How did you get to the trail today?

- Car/Motorcycle (alone)
- Car/Motorcycle (with someone else)
- Public Transit (bus/train)
- Bicycle
- Walk
- Run/Jog
- Other \_\_\_\_\_

8. How often do you use the trail at this location?

- First time
- 5 or more times/week
- 2-4 times/week
- Once a week
- Once a month
- Every few months

9. During which seasons do you generally use the trail? (Select all that apply)

- Summer
- Fall
- Winter
- Spring

10. On this trip to the trail only, if you have spent or plan to spend money, please write how much you will spend on the following in whole dollars (If nothing write "0"):

- Beverages \$ \_\_\_\_\_
- Food (snacks, etc.) \$ \_\_\_\_\_
- Meals at a restaurant \$ \_\_\_\_\_
- Gas \$ \_\_\_\_\_
- Retail (gifts, clothing, etc.) \$ \_\_\_\_\_
- Equipment rental \$ \_\_\_\_\_
- Lodging \$ \_\_\_\_\_
- Nearby activities (recreation/ amusements) \$ \_\_\_\_\_
- Other \_\_\_\_\_ \$ \_\_\_\_\_
- Total \$ \_\_\_\_\_

11. How much do you spend each year on goods or services related to trail use? Include gear, clothing, equipment rental, repairs, auto accessories, etc. \$ \_\_\_\_\_

12. What are your favorite things about this trail?  
\_\_\_\_\_  
\_\_\_\_\_

13. What would improve your trail experience?  
\_\_\_\_\_  
\_\_\_\_\_

14. In the past week, how many days did you get in 30 minutes of extra activity that was NOT part of your daily routine? Includes things like jogging, playing soccer, fitness or dance classes, or exercise videos. The 30 minutes could be all at once or 10 minutes or more at a time. Do not count housework, taking care of kids, or walking from place to place.

\_\_\_\_\_ # days/week

15. How many of these days included vigorous exercise? Causing increase in breathing or heart rate

\_\_\_\_\_ #days/week

16. What is your age range?

- Under 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75 or over

17. What best represents your household income?

- Under \$24,999
- \$25,000 - \$49,999
- \$50,000 - \$99,999
- \$100,000 - \$199,999
- Over \$200,000

18. What is your race or ethnicity?

(Select all that apply)

- White
- Black or African American
- American Indian
- Other \_\_\_\_\_
- Asian
- Pacific Islander
- Spanish, Hispanic or Latino

19. What is your gender?

- Male
- Female
- Prefer to self describe \_\_\_\_\_



## Connecticut Trail Census

A statewide multi-use trail user study

[www.cttrailcensus.uconn.edu](http://www.cttrailcensus.uconn.edu)